

## CLAIMS

1. A method for remotely monitoring the health of a patient, said method comprising:

using a remotely located data collection device, prompting a remotely located user  
5 to place a plurality of electrodes connected to said data collection device in predetermined locations on the user's body;

causing said data collection device to read electrical data from the patient's body using said electrodes,

transmitting said electrical data to a central location; and  
10 evaluating said electrical data at said central location to make a determination as to the health of the patient.

2. The method of claim 1 wherein said electrical data corresponds to ECG data.

3. The method of claim 1 wherein said plurality of electrodes comprises  
15 three electrodes.

4. The method of claim 1 wherein said data collection device is a hand-held device and said plurality of electrodes are in predetermined locations on the surface of said hand-held device.

5. The method of claim 1 further comprising the step of transmitting evaluation  
20 data from said central location to said data collection device to provide feedback to the patient.

6. The method of claim 1 wherein said data collection device comprises a display to display information to the patient.

7. The method of claim 1 further comprising the steps of:

receiving, at said data collection device, data obtained from a measuring

5 device, and

transmitting said received data to the central location.

8. The method according to claim 7 wherein the data collection device is a blood pressure measurement device.